

# TEMPUS

## Can Your Mental Health Medication Work Harder For You?

Talk to your doctor about the Tempus Genetic Test.



### Why is it so hard to find the right medication for me?

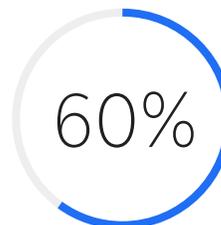
Medications are not one size fits all. Depression, anxiety, ADHD and other psychiatric conditions are often treated with a trial and error method including different medications and doses to find the right combination that will work best for you. Unfortunately, when more treatment steps are required to treat depression, the higher the likelihood of experiencing relapse.<sup>1</sup> As a result, it can take a long time for you and your doctor to find the right medication and dose that will work best for you.



### The Tempus Test

Your healthcare provider would like to use the Tempus genetic test to help develop a customized treatment plan for you based on how certain genes affect the body's response to medication.

The Tempus genetic test provides you and your healthcare provider with your specific, personalized gene report. The report contains information about how you may metabolize certain medications and how you may experience certain side effects from these medications. The results of the Tempus genetic test can be used by your healthcare provider to help select the best treatment plan for you.



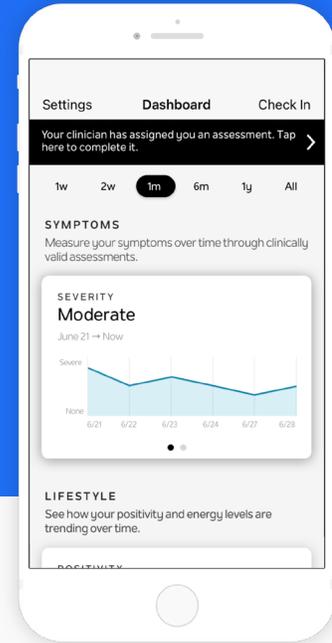
In a recent survey, 60% of patients reported that their provider changed their medication or dose after receiving Tempus test results.<sup>2</sup>

1. Warden et al. 2007. The STAR\*D Project Results—A Comprehensive Review of Findings  
2. nP patient survey conducted by Tempus in August 2021

## Tempus PRO™

Your provider may also choose to use Tempus PRO™ as part of your treatment plan. Tempus PRO™ is a mobile application that you can use to share information with your provider that may reflect how you are responding to your treatment. This allows your provider to use information collected between appointments to build a treatment plan that best supports your mental health care plan. The frequency of your assessments depends on your provider's preferences, and may change from time to time.

Your provider will discuss the Tempus PRO™ app with you at your appointment. Tempus will send a link to download the app via SMS text message or email.



## How It Works

-  01 Your healthcare provider fills out the necessary forms to order the test. Your provider also collects a saliva sample or has a kit mailed to your home.
-  02 Your provider may choose to use Tempus PRO™. If so, look for an email or text message from Tempus to download and set up the app.
-  03 Once your saliva sample is received by Tempus, we will analyze your sample to see how you metabolize certain medications and how you may experience certain side effects from these medications.
-  04 The Tempus report will typically be delivered to your provider within 2 weeks after Tempus receives your sample and clinical information.
-  05 As you move forward, you may continue to answer questions from the Tempus PRO™ app to help your doctor understand your treatment response.

FOR MORE INFORMATION, VISIT:

[tempus.com/patients/neuro-psych](https://tempus.com/patients/neuro-psych)

## Tempus No Surprise Billing Policy

We believe cost transparency is important, so that you are not surprised by a bill from Tempus. As a result, Tempus performs a benefit check on every patient who uses insurance. **Our Customer Success team will connect with any patient expected to owe more than \$295 out-of-pocket to discuss payment options before proceeding with the test.** Customer Success may use phone, email and/or text messaging to reach you. Tempus also has a financial assistance program to help provide access to our tests for any patient in financial need.



average rating in a recent patient survey<sup>2</sup>



Being able to work with my physician to be able to find the right medication for me, using the test results, was really incredible. Through the Tempus test, we were able to narrow [the medications] down.

/// OSCAR



Tempus really helped the doctor prescribe the right amount of medication at the right time. And so my side effects were minimized.

/// ELIZABETH



It was interesting to see that according to the test, I'm a fast metabolizer of that particular pain medication. It gave me a bigger picture of how my genes work.

/// RACHEL

## Tempus is Here to Help

Tempus has a Financial Assistance Program to help provide access to our tests for all patients in financial need. You can apply for financial assistance online at [access.tempus.com](https://access.tempus.com) or call the Customer Success team at **312-598-9961** for immediate review. You may apply for financial assistance at any point during the process—even before the test is ordered.

All U.S.-based patients are eligible to apply for financial assistance regardless of insurance status. For uninsured and international patients, we offer a self-pay option. If you have any questions, or would like to apply for financial assistance, please contact our Client Success Team at 312-598-9961.

## Questions?

**312-598-9961**

Our customer success team is available from 9:00am–5:00pm CT, Monday–Friday

[help@tempus.com](mailto:help@tempus.com)

To learn about Tempus or submit a sample

[tempus.com/patients/neuro-psych](https://tempus.com/patients/neuro-psych)

For more information about the Tempus Genetic Test

## Payment Options for Tempus Testing

### SELF-PAY\*

- 1 Upon order submission, your provider indicates that you would like to utilize the \$295 self-pay option.
- 2 Once the order is submitted, you will receive a link to pay for the test online, or may go directly to [payment.securetempus.com](https://payment.securetempus.com) to complete steps for self-pay. Payment may also be made over the phone by calling Customer Success at **312-598-9961**. Please note that we are unable to give results to your provider until we have received payment for the test.

\*Patients with government insurance (Original Medicare or Medicaid) are not eligible for the self-pay price of \$295.

### MEDICARE AND MEDICAID

- 1 Upon order submission, your provider indicates that you would like to use insurance to pay for the test. Your provider submits insurance with the test or Customer Success will reach out to you to obtain insurance information.
- 2 Qualifying patients with Medicare Part B (Medicare administered by the federal government for outpatient services) have no out-of-pocket costs. Patients with other forms of government insurance (i.e. Medicaid, Tricare) typically have no out-of-pocket costs.

### PRIVATE INSURANCE

- 1 Upon order submission, your provider indicates that you would like to use insurance to pay for the test. Your provider submits insurance with the test or Customer Success may reach out to you to obtain insurance information.
- 2 Tempus accepts all insurance plans and will perform a benefit check if you choose to use your insurance.
- 3 Our Customer Success team will contact you if you are expected to owe more than \$295 out-of-pocket to discuss payment options before proceeding with the test.
- 4 If insurance is used, Tempus will bill your insurance directly. Insurance patients may receive an Explanation of Benefits (EOB) from their insurance company. **This is not a bill**; it shows the specific Tempus test that was billed and what insurance covered.

The Tempus test must be ordered by a licensed healthcare provider. It cannot predict treatment response and should only be considered by a licensed healthcare provider in the context of a professional medical evaluation, taking into account the patient's full clinical history. Some medications listed in the reference materials that accompany the test results have gene-drug interaction data available in the labeling for FDA approved drugs, while other medications will be classified based on other scientific sources (such as CPIC guidelines and primary literature). **Patients should review the test results and reference information with their treating healthcare providers. Medications or dosing should not be changed outside of the direction and monitoring of a licensed provider, or changed solely based on the test results or reference information.**